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Can SARS-CoV-2-infected women breastfeed after viral clearance?

Key words: SARS-CoV-2, Breastfeeding, Pregnant women, Maternal-fetal transmission

Summary

- There is no evidence of maternal-fetal transmission of SARS-CoV-2.
- No viral RNA was detected in breast milk by RT-PCR, which indicates that SARS-CoV-2 cannot be transmitted through breast milk.
- To minimize neonatal transmission risk, the mother should be isolated from the neonate until she has recovered from COVID-19 and a two-week quarantine is required after hospital discharge.
- Breastfeeding can be taken after isolation period is completed and the reexamine results are normal.